

A large red square with a white border, centered on the page. Inside the square, the words "Sexual Intimacy" are written in white, bold, sans-serif font.

Sexual Intimacy

cwcmarriage.com/go/mms26s6

**Sex is part of
God's original
design. It is
good!**

“...male and female he
created them” - Gen. 1.27

“...they shall become one
flesh. Adam and his wife
were both naked, and they
felt no shame.” - Gen.
1.24-25

**God wants
married
couples to
enjoy great sex!**

“...Be fruitful and multiply...”

- Gen. 1.28

“Do not deprive one
another...” - 1 Cor. 7.5

**Scripture
celebrates
physical intimacy
between husband
and wife.**

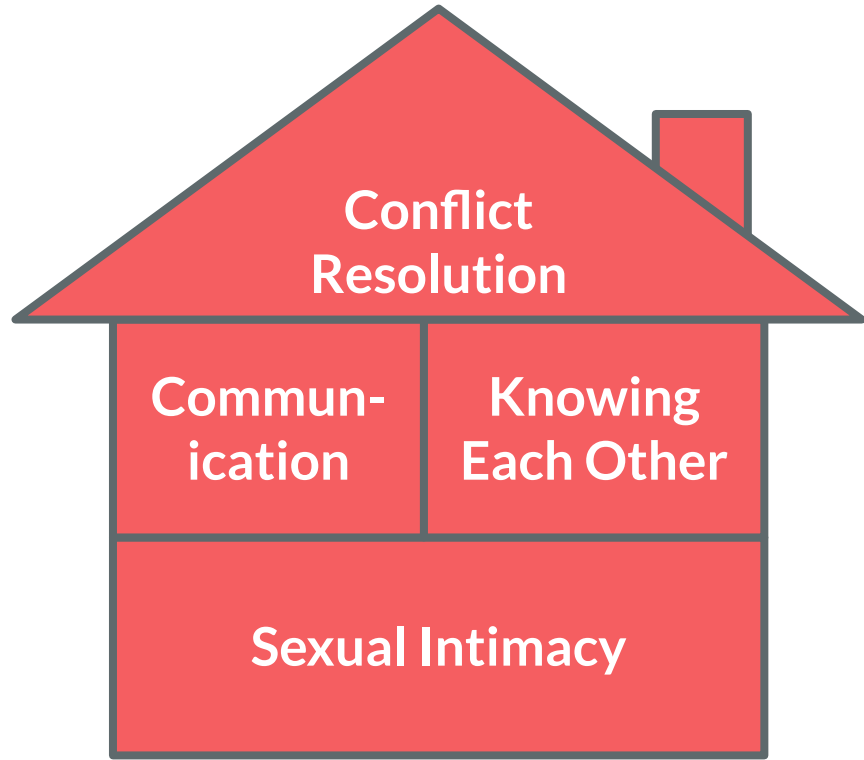
“Place me like a seal over your heart, like a seal on your arm; for love is as strong as death, its jealousy unyielding as the grave. It burns like blazing fire, like a mighty flame. Many waters cannot quench love; rivers cannot sweep it away.”

- Song. 8:6-7a

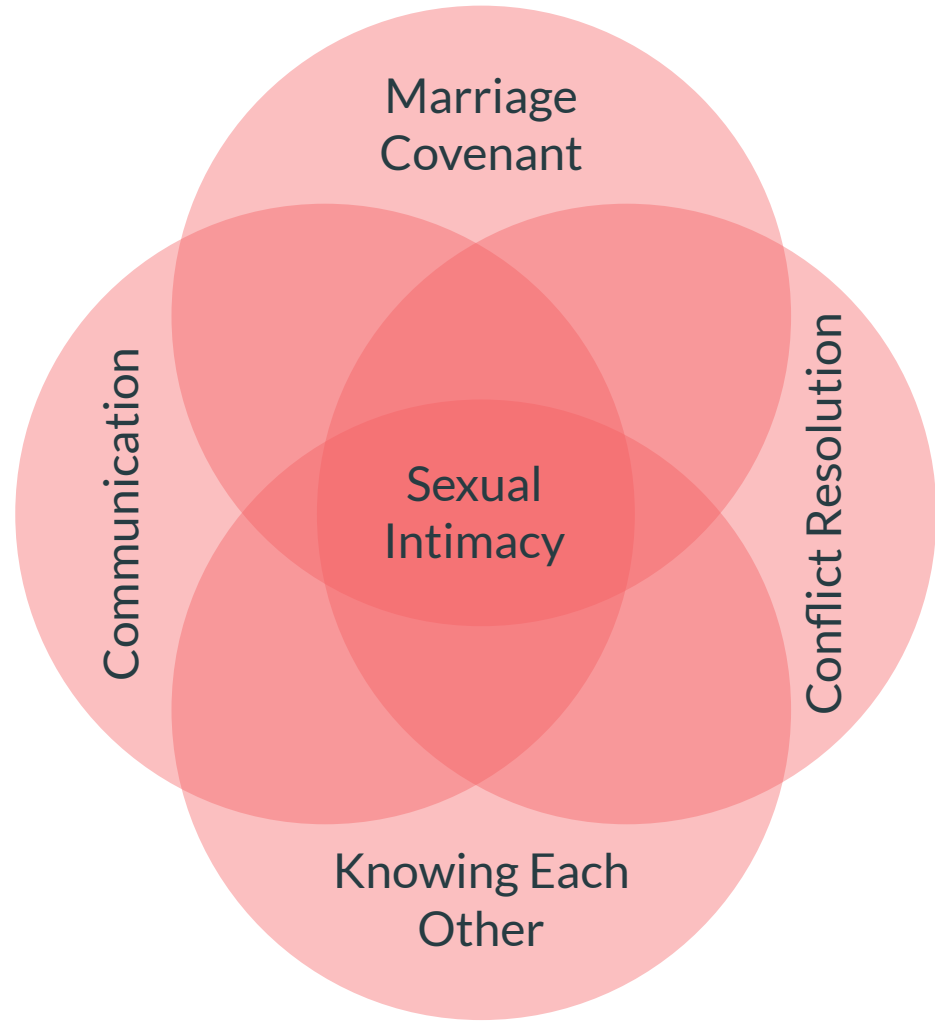
**There is more
to intimacy
than sex.**

“Now Adam knew his
wife...” - Gen. 4.1

Intimacy is deeply knowing
and being known.



The Popular View



The Better View

Sexual gratification of any kind is reserved for marriage, to be expressed between husband and wife.

“...Do not arouse or awaken love until it so desires.”

- Song. 2:7, 3:5, 8:4

“...anyone who looks lustfully...has already committed adultery...”

- Matt 5:28

Hallmarks of healthy sexual intimacy:

1. Intentionality
 2. Patience
 3. Communication
 4. Selflessness
-

“Husbands and wives have reciprocal duties. Each husband has the responsibility to meet his wife’s sexual desires, and each wife should do the same for her husband. In marriage neither the husband nor the wife should act as if his or her body is private property—your bodies now belong to one another, and together they are whole.” - 1 Cor. 7.3-4 (VOICE)

To Husbands

Her Needs

Your wife's desire for sex will probably fluctuate more than yours.

Your wife will likely need
more time than you to
become aroused and reach
sexual satisfaction.

External factors will likely
have more influence on
whether or not your wife is
“in the mood.”

Practical ways to pursue intimacy with your wife:

1. Communication
2. Observation
3. Service
4. Time

To Wives

His Needs

Your husband will likely have
the more consistent sex drive.

Your husband probably
prioritizes connection
through action/activity.

Your husband wants to hear
what you want and how he
can best please you!

Practical ways to pursue intimacy with your husband:

1. Explore new things; be willing to change
2. Initiate sex
3. Listen to and embrace what your husband says about your body

Myths

Misconceptions about Intimacy

Myth: Good sex must be
spontaneous.

Myth: Sex is natural and
should just work without any
effort.

Myth: One partner needs sex
more than the other.

Myth: One partner will
experience more pleasure
than the other, and that's ok.

Experiencing Intimacy

Principles for Husband and Wife

**Husbands and
wives are both
searching for
connection
through intimacy.**

“Dear friends, let us love
one another, for love comes
from God.”
- 1 John 4:7a (NIV)

**The most
fulfilling sexual
intimacy comes
from setting aside
your own needs
and wants,
prioritizing your
spouse.**

“Do to others as you would
have them do to you”
- Luke 6:31 (NIV)

**You will
experience
different seasons;
this is normal.
Embrace them,
make necessary
changes, and
grow together.**

“Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others. In your relationships with one another, have the same mindset as Christ Jesus”

— - Phil. 2:3-5

**Don't just chase sex.
Pursue intimacy!**

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